



THE *BIOMAXED* CONTENTS

THE BIOLOGICALLY MAXIMIZED LIFE

OVERVIEW OF THE *BioMaxed* ARTICLES

THE SECRET CAREER STRATEGY
of the World's Most Successful Executives

The Pull of Paid Play

The Triggering of Cascading Functionality Upgrades

Performance beyond your Potential

An upgraded *modus operandi* for the Everyman

THE NEW CAREER MAXIMUMS – Part One

RELEASE INTERNAL POTENTIAL

WHAT IS YOUR CAREER MAXIMUM?

What is your biological career potential?

Exploit biological maximizing for a career beyond innate potential

Flashes of *genius* and sudden savantism

Whole-Brain Savantism

The “*Eureka!*” or “*Aha!*” effect

Flow maximizes instantly

Your maximum *flow*: top-talent flow

Sudden savantism through top-talent *flow*

Growth through top-talent *flow*

New meta-skills from extensive top-talent *flow* experience

Paid growth, paid play –

Make your natural growth path your career path

THE NEW CAREER MAXIMUMS – Part Two

BORROW EXTERNAL POTENTIAL

BREAKTHROUGH SYNTHESIS

Brilliant breakthroughs

Biological breakthrough synthesis

Flow is our internal breakthrough synthesis

Growth internally / Creativity externally

Exploit *maximization-linked* coincidences

These coincidences are not psychological or RAS events

THE SCIENCE BEHIND BREAKTHROUGH SYNTHESIS

MASS SYNCHRONIZATION: Trend creation and exploitation

PROFIT FROM THE PREDICTABILITY OF THE MAXIMIZING PROCESS

EMBRACE THE NEW CAREER MAXIMUMS

The biologically maximized career

Serial top-talent flows or serial internal maximizations

Serial breakthrough synthesis or serial information creation or serial frontiering™

Brilliant breakthroughs for the ungifted?

Breakthrough synthesis redefines leading?

THE SCIENCE BEHIND BREAKTHROUGH SYNTHESIS

Relevant biological processes

1. Power for the maximizing machinery:
2. Information source:
3. Grouping of information sources:
4. Information access:
5. Information re-mix or info creation or info quantum leaps:
6. Goal attainment and problem-solving:

Relevant scientific definitions

Exploit maximization-linked coincidences

These coincidences are not psychological or RAS events

SOURCING YOUR SAVANT:

Hyper-Focus your Career on your Genius

A biologically maximized career

Discover your savant formula

Examine 12 categories of your past maximums

WHAT TO LOOK FOR

Indicators of operating at your maximum

THE TWELVE EVENT-THEMES FOR SOURCING YOUR SAVANT

Identify past examples of maximizing support

Choose to learn all twelve categories of events

Test your savant formula hypothesis for predictability

HYPER-FOCUS YOUR CAREER ON YOUR GENIUS

THE Unpaid Work Theme

Knowledge-Pursuit

THE Sudden-Knowledge Theme

The Frontier-Pursuit Theme

The Sudden-Creativity Theme
Creation-Pursuit Theme
The Meaning-Pursuit Theme
The Theme of Top- Talent *Flow States*
The Projects Theme
The Growth or Core-Expansion Theme
The Resonance Theme
Positive-Emotions Theme
No Themes Found

JOB SEARCH BEFORE ONE IS BIOLOGICALLY MAXIMIZED

A BIOLOGICALLY MAXIMIZED JOB SEARCH

TODAY'S EXECUTIVE JOB SEARCH STRATEGY

The Hidden Job Market

Networking or '*stockpiling people*' for information and referrals

Damage and dangers from job search networking

Give-to-get networking

Executive job search networks and job search work teams

Psychological counseling for employer damage control:

The dangers of letting someone inside your head

PROACTIVE SERIAL JOB REPLACEMENT

A BREAKTHROUGH, HIGH-SPEED, HIGH-GROWTH,
HIGH-IMPACT CAREER STRATEGY

ACCELERATED MULTI-SYSTEM JOB SEARCH

BIOLOGICALLY MAXIMIZED JOB SEARCH

Key job search upgrades when BioMaxed

1. ***Multi-System Achieving***
2. Major improvements in information sources:

RESET TO YOUR MAXIMUM TO OUTPERFORM YOUR POTENTIAL STRATEGY

TARGETS

Natural maximizing mechanisms will re-engage

The indicators of operating at your maximum will increase

Progressions similar to live models of the target maximums will be evident

TACTICS

Increase Top-Talent Flow

Honor your savant formula based on your historical experience.

Your new modus operandi: Follow your savant formula and indicators of your maximum

Participate in proactive breakthrough synthesis

Additional miscellaneous tactics for the reset-to-your-maximum exercise

Reset Scenarios for the EMPLOYED

Scenario 1: Redesign your existing job

Scenario 2: Take an existing job within your current employer

Scenario 3: Create a new job within your employer

Scenario 4: Create a new venture within your current employer

Scenario 5: Take an active Board of Director position

Scenario 6: Work for a charity or not-for-profit after work

Scenario 7: Cultivate a hobby in which you can maximize

Scenario 8: Research projects undertaken for your employer

Scenario 9: Give Speeches. Write books. Blog. Teach.
Pursue a field of study

Reset Scenarios for the UNEMPLOYED

Scenarios 1-4:

Scenarios 5-7

Scenario 1: Assemble a virtual company from existing components:

Scenario 2: Buy a company with private equity

Scenario 3: Start an entrepreneurial company along your growth path

Scenario 4: Borrow a company and/or a job

Scenario 5: Free-form work driven by your unleashed top-talent drives:

Scenario 6: Analyzing and developing your 'science'

Scenario 7: Pursue your lifetime legacy

THE NEW CORPORATE MAXIMUMS

Snapshot of a maximized individual in action

CORPORATE BEST PRACTICES REVOLUTIONIZED

One human-develop continuum

Corporate best practices merge into one process

Maximizing and synchronizing

The learning organization

Borrowed creativity and innovativeness

SYSTEM INTEGRITY HONORED

Individual integrity honored: centered on core strengths

Company integrity honored

Competitive breakthrough

Growth honors systems integrity

Customer system integrity honored

Outsourcing, suppliers, and partners

Business web integrity honored

Product development for system unification

NEW CHANGE MANAGEMENT BEST PRACTICES

Overcoming change resistance

Quantum leaps for faster, bigger change with reduced risk

Change accelerated by clusters of coincidences

NEW PROJECT MANAGEMENT BEST PRACTICES

LEADERSHIP AND LEADERSHIP DEVELOPMENT

COACH-CLIENT CO-EVOLUTION

My perspective

Exploit nature's self-organizing for synergy and survival

Source the right client at the right time?

Client clustering?

Access more coaching insights

Your experience?

THE ULTIMATE CAREER STRATEGY

Chasing the success formula

The intrinsically-driven career

A nonlinear career path

The biology factor

The biologically maximized career

FRONTIERING IS THE NEW LEADERSHIP

WHAT IS FRONTIERING?

Penetrate the unknown and Create the unknown

Frontiering is the new leadership

A 2014 redefinition of leadership

The new development continuum

1. a manager
2. a transitional change leader
3. a transformational change leader
4. a creational leader or frontiering leader

Mark the birth of the new definition

Reactivate innate frontiering™

ABOUT LAUREN HOLMES

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All of Lauren's books speak to a new level of human potential possible through a partnership with the biological infrastructure of which we are a part and with which we have co-evolved to operate.

Lauren's education and career were designed to allow her to develop and test her achievement technology based on exploiting this internal-external partnership. She has a biological anthropology degree from the University of Toronto.

Lauren defines how to partner with this bio-infrastructure in her 2001 bestseller *Peak Evolution: Beyond Peak Performance and Peak Experience* and in *BioMaxed* (2019). She introduces a more advanced way to exploit the partnership through the lives of fictional characters in *The Encore: A Transformational Thriller* (2018) as they fight to save the planet.

She then attempts to illustrate the internal-external partnership in action through the lives of real people in *Savanting: Outperforming your Potential*. Here, Lauren retrofits the internal-external partnership onto the well-known lives of some rather successful entrepreneurial CEOs: Bill Gates, Steve Jobs, Jeff Bezos, and Mark Zuckerberg, Oprah, and others.

After first becoming a change leader in global banks, Lauren launched an executive search firm for change leaders for the boards and C-suites of large multinationals. This evolved into providing executive change leaders on contract before that field existed.

Recruiting executives evolved into coaching executives before that field existed. Coaching matured into co-creating new companies, ventures, projects, jobs and frontiers customized to client talents, passions, and strengths to ensure their success. Lauren has been the CEO of Frontiering since 2002. She may be reached through laurenholmes.com or frontiering.com.